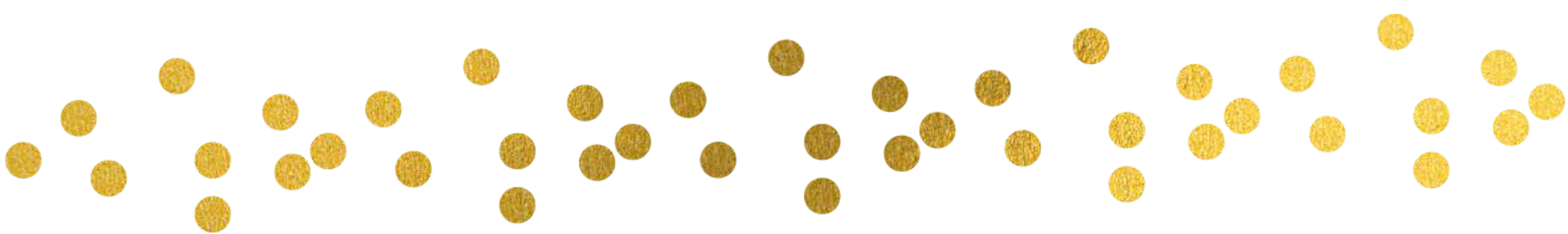




Learning... Through the Eyes of Our Learners

APRIL 2026



AN UNFORGETTABLE EXPERIENCE

My trip to the Volta Region was honestly one of the best experiences I have had in a while. It lasted three days and two nights but it felt like so much more because of everything we did and saw. From the long road trip to the different places we visited, it was full of moments I will always remember. On the first day we set off early and spent a lot of time on the road. The journey itself was fun because of the conversations and the excitement about where we were going.

After some hours, we stopped at Sajuna Beach Club for lunch. The place had an easy, breezy vibe, and it was a perfect stop to relax. The food was good and after eating we decided to explore a bit. We played on the swings which felt like being kids again and then we tried the makeshift quad bikes. They were not perfect, but that was part of the fun. Everyone was laughing and just enjoying themselves without overthinking anything.

We continued on our journey until we got to our hotel. By that time everyone was a bit tired, so we just rested, freshened up and later had dinner. It was a quiet night compared to the day, but it was needed because we knew the next day was going to be packed. The second day was definitely the highlight of the whole trip. We visited Mount Afadja, Wli Falls and the Tafi Atome Monkey Sanctuary.

The first big challenge was climbing the Mountain. At first, it did not seem too bad but as we kept going it got harder and more tiring. The path was steep, and I could feel it in my legs and even my breathing. Reaching the top felt like a big achievement, but honestly the hardest part was coming down. At some point I felt like I had taken a wrong turn, and I was actually a bit scared because everything looked the same. But somehow, I found my way back and that moment of relief was real. It made the whole experience even more memorable.

Next, we went to the monkey sanctuary. That was a completely different kind of experience. I fed a lot of monkeys, and they were much bigger than I expected. Some of them jumped right onto me, which was surprising at first, but I got used to it. They were a bit stinky, but it did not take away from the fun. It was one of those moments where you just laugh and go with it because it is something you do not get to experience every day.

We went to Wli Falls later, and it was honestly beautiful. The sound of the water hitting the rocks, the cool air and the whole environment just felt peaceful. It was like a reward after the stress of the mountain climb. There were a lot of bats around which I found really interesting.

Some people were scared of them, but I thought they made the place even more unique. We took a lot of pictures there because it was one of those places you just want to remember properly. By the end of that day everyone was tired but in a good way. It was the kind of tiredness that comes from doing something worth it. We went back, rested and just talked about everything we had done. On the last day things were much calmer. We packed up and started the journey back home.

We only made one stop for food and then continued the rest of the trip. The ride back felt shorter somehow, maybe because we were all still thinking about the memories from the trip. There was a lot of laughter and random conversations about the best moments. Overall, the trip was amazing. It had a bit of everything fun, stress, laughter and even small moments of fear. From playing at Sajuna Beach Club to climbing Mount Afadja and visiting Wli Waterfalls and the Tafi Atome Monkey Sanctuary, every part of it was worth it. It is definitely a trip I would love to experience again.

Klenam Asem -L6W

A NEW PERSPECTIVE ON LIFE

The Lower 6 trip to the Volta Region was not just an exciting adventure but an experience that greatly developed my creativity. Visiting places like Akosombo, climbing Mount Afadja, exploring Wli Waterfalls, and observing monkeys at the sanctuary allowed me to see the world in new and imaginative ways. Climbing Mount Afadja (the highest mountain in Ghana) challenged me both physically and mentally.

As I climbed higher, I had to think about how to overcome obstacles like steep paths and slippery rocks. Reaching the top gave me a new perspective, and the breathtaking view sparked my imagination and appreciation for nature's beauty. Visiting Wli Waterfalls was another unforgettable moment. The sound of the rushing water and the cool mist created a peaceful atmosphere that inspired my thoughts and creativity. It made me reflect deeply and imagine stories and ideas connected to nature and adventure.

Finally, the monkey sanctuary was both fun and eye-opening. Watching the monkeys interact freely in their natural habitat made me think about animal behaviour and the importance of protecting wildlife. It also encouraged me to see things from a different point of view, not just as a human, but as part of a larger ecosystem. Overall, this trip helped me develop my creativity by exposing me to new environments, challenges, and experiences. It taught me to observe more carefully, think more deeply, and imagine more freely. I now feel more inspired and confident in expressing my ideas creatively.

Caitlyn Opeku -L6E

A LESSON ON CONSISTENCY

This month has taught me that leadership isn't about always being on top or having everything figured out—it's about how you respond when things don't go your way. When some of my grades started to drop in one or two subjects, I felt disappointed in myself and honestly a bit lost because I didn't know what I was doing wrong. But I realised that real leadership starts with leading yourself. It meant staying consistent, even when I didn't feel motivated, asking for help when I needed it, and not letting one setback turn into giving up completely.

I also learned a lot about kindness, especially towards myself. At first, I was really hard on myself for not performing the way I used to. But I began to understand that being negative didn't help me improve; it only made things more difficult and lowered my self-morals. Being kind to myself meant accepting that everyone has ups and downs, and that struggling doesn't make me any less capable. It helped me rebuild my confidence slowly instead of tearing myself down.

Teamwork became more important to me as well. I used to feel like I had to handle everything on my own, but this month showed me the value of leaning from others.

Studying with friends, explaining topics to each other, or even just sharing how we felt made a big difference in how I understood the topic. It reminded me that growth doesn't have to be a solo journey, but one that could be a journey supported by friends.

Indeed, this month hasn't been about perfection –it's been about resilience. I am still working towards getting back to where I was, but now I understand that progress isn't always linear. What matters is that I am trying, learning, and not giving up on things when they get extremely hard.

Tanaya Gajjar - F4A



THREE DAYS IN THE VOLTA REGION

On 3 March, Lower Six students were granted the thrilling opportunity to go on a road trip to the Volta Region. On the day of the trip, we excitedly rolled our suitcases and duffel bags to the school entrance, buzzing with anticipation as we waited to board the two buses that would convey us on this adventure. During the three-day trip, we were to go on a guided tour of the monkey sanctuary, hiking the challenging Mountain Afadja and marveled at the cascading waterfalls at Wli.

We set out for the trip around 8:00am in the morning, the buses we travelled on were extremely spacious and comfortable which was appealing as the trip was almost a five hour drive to our final destination. The bus was filled with ecstatic chatter, lots of laughter, singing and loud music. Through the window, we watched as the scenery unfolded through different landscapes, how elating it was to experience a living postcard of Ghana's diverse beauty: rolling hills, vibrant green vegetation and the prominent Akosombo Dam was in clear eye view.

Amid the vibrant scenery, our buses pulled over at the Sajuna Beach Club for us to grab lunch and take a little break. Prior to being served our lunch we bonded and played games such as volleyball, football, table tennis, as well as jumping on a trampoline. When lunch was finally ready, we were served and given some drinks.

For our next stop, we arrived at the Tafi Atome Monkey Sanctuary, stepping into the lush, sacred grove where playful monkeys roamed freely in their protected tropical forest home. We learnt a thing or two about how they live and adapt in their habitat. The monkeys approached us leaping from branches to gently take bananas from our outstretched hands. Although I was quite nervous at first, I observed that they were extremely tame and calm. It was a surreal and euphoric moment as their paws brushed our fingers.

We took a good number of great pictures with the monkeys which was very memorable.

Later that evening, we finally arrived at Big Foot Safari Lodge in Wli Afegame where we stayed for the two nights we spent in Hohoe. Around the lodge's open restaurant and bar, we were served dinner, sharing plates of local jollof rice, fried rice, potato chips and kelewele. Laughter echoed late into the night as we conversed about the day ahead of us before finally retiring to bed.

The next morning, we were woken up by one of our chaperones to engage in an aerobics session before we set out for the day. After taking our showers, we headed to get breakfast which was a quite decent subtle English breakfast of tea, eggs, sausages, toast and baked beans. Then we set off for the Afadjato summit, unprepared for the task ahead of us. Before we began, a local guide informed us that Mountain Afadjato was Ghana's highest peak at

885 meters and that precautions were to be taken when climbing the mountain. The trail began gently as we walked happily towards the mountain but soon turned steep. My friends and I wanted to give up badly and believed that we wouldn't make it to the top of the mountain, but we pushed through and made it. Climbing up and down the mountain took us almost 3 hours. Yes, we were sweaty and tired after. We proceeded to visit the Wli Waterfalls after lunch.

There was a 45-minute walk through a dense forest before we got to the waterfall. I was incredibly mesmerised by the shimmering flow of the waterfall that fell from the mountain's cliff. We dipped our feet into the water that fell below, capturing many candid moments. Back at the lodge we quickly freshened up from the day's activities and met for dinner, later hanging out and playing games as it was our last night. On the third day, we packed our bags, ready for the trip back home.

I was extremely heartbroken as our trip had come to an end. We ate our breakfast and were on a journey back to Accra. We made a stop to get lunch along the way, while savouring in our last moments together. The bus ride home was exhilarating as we looked back on some memories we had made.

I'm definitely thrilled to have taken part in this trip as it was educative. We had the opportunity to experience nature's beauty and scenery – a real sight to behold.

Awo Sakyiwa Brenya-Otchere -L6A

HOW A SCHOOL ACTIVITY DEVELOPED MY CREATIVITY

This month, I had the opportunity to participate in a school activity that significantly developed my creativity. At first, I did not realise how much this experience would challenge my thinking and push me beyond my usual way of doing things. However, as I became more involved, I began to see how creativity is not just about talent, but about effort, imagination, and the willingness to try new ideas. The activity required us to think differently and come up with original solutions. Instead of simply following instructions, we were encouraged to express our own ideas and approaches.

This was not easy at the beginning because I was used to structured learning, where there is always a “correct” answer. In this case, there was no single right answer, which forced me to think more deeply and independently. One of the ways my creativity developed was through problem-solving. I had to look at challenges from different angles and find unique ways to overcome them. Sometimes my first ideas did not work, and I had to adjust and try again. This process taught me that creativity involves patience and persistence. It also helped me to become more confident in sharing my ideas, even when I was unsure of them.

In addition, working with others played an important role in improving my creativity. Listening to my classmates' ideas exposed me to different perspectives and inspired me to think beyond my own limits. We were able to build on each other's thoughts, which made our final work more innovative and interesting. This showed me that creativity can grow stronger through collaboration. Another important lesson I learned is that creativity requires courage.

At times, I felt afraid that my ideas might not be good enough, but I pushed myself to contribute anyway. Over time, I became more comfortable expressing myself. This has helped me to develop not only my creativity but also my self-confidence. This school activity has helped me understand that creativity is a skill that can be developed. It is not something people are simply born with, but something that grows through practice, effort, and openness to new experiences.

This month's experience has changed the way I think, and I am now more willing to explore new ideas and challenge myself in my learning.

Nana Ama Aubynn - F4A

VIVE LA FRENCH DAY!

On a sunny, sizzling hot morning, as the sun rose in the clear blue sky, my class and I were lining up for special assembly, to commemorate French Day. As we walked to assembly, I was nervous but excited. When I sat down, I wondered, ‘What is French day really about?’ Before we began the French day celebration, Coach Albert presented awards for the school sport competition at GIS (Ghana International School). There was a loud crescendo of applause as the awardees received their awards.

After the presentation of awards, our French day celebration began. Ellyanna, Eniitan, Zendaya and I stepped on stage to say the opening prayer and Bible verse. During the prayer, everyone rose from their seats and listened carefully. Then, it was followed up by Zendaya and Jeeya’s Bible verse. After that, we stepped off the stage proudly and then Class 5 West stepped on. They sang the French alphabet song my class and I had learnt. Afterwards, there was a short spelling bee and they left the stage.

Finally, the best part—learning how to make a sandwich. A demonstration was given on how to prepare a real sandwich. Afterwards, this ended with the crowd buzzing with enthusiasm as we said the closing prayer and left to our classroom.

What a great start to the school day!

Manuella Agudze - C5E

REFLECTION ON ASHALAJA VISIT

I had the opportunity to visit Ashalaja M/A “2” Basic School as part of the student delegation that went to formally invite the school to receive the donation. What stood out to me most during the visit was how excited the students were to meet us and to learn about the computers that will be coming to their school.

When we toured the campus, the teachers showed us the room they had prepared to serve as their computer lab. It was clear that they had taken time to make sure the space was ready and secure. Seeing this made me realise how important access to technology is for students everywhere. Many of the students we met are learning about computers mainly through theory, and having actual computers will give them the chance to practise the things they learn in class.

The visit helped me understand that something that may seem ordinary to us can make a big difference somewhere else. It also reminded me that schools can support one another in meaningful ways. I feel grateful that I had the chance to be part of his experience, and I hope the computers will help the students at Ashalaja explore new skills and opportunities in the future. Thank you.

Michelle Oye-C6W

HOW HAS AN EXPERIENCE THIS MONTH INSPIRED ME TO MAKE A POSITIVE CHANGE?

This month, I had an experience that pushed me to make a positive change in my life. I realised that even small actions and decisions can have a big impact on my growth and success. This made me reflect on how I face challenges and how I react when things do not go according to plan.

Instead of feeling discouraged by difficulties, I started to see every situation as an opportunity to learn and improve. From this experience, I learned the importance of being more responsible and committed to my goals.

I understood that achieving something meaningful requires consistency, hard work, and persistence, even when situations become tough. Challenges can sometimes make us want to give up, but this experience reminded me that persistence and effort are key factors in personal growth.

This realisation encouraged me to make better choices and put more effort into both my work and daily activities. I noticed that the habits I develop each day—such as staying focused, completing tasks on time, and giving my best effort—can lead to meaningful improvements over time.

Even small accomplishments can help me grow more confident and capable. As a result, I decided to focus more and be more determined in all that I do.

I want to manage my time better so that I can balance my responsibilities while still having opportunities to learn and explore new things. I also aim to put extra effort into my learning by paying closer attention, asking questions when I am unsure, and practicing regularly.

Ultimately, this experience reminded me that growth comes from learning, reflecting, and being open to positive changes. It showed me that self-improvement is a continuous journey and that every experience can teach me something valuable.

By staying motivated, making thoughtful choices, and learning from my experiences, I can continue to grow and become a better version of myself.

Mohummmad Hummam Sidd - F1A

TEAMWORK ISN'T JUST ABOUT WORKING

I just realised 'teamwork' isn't just about working together, but it also strengthens our bonds with each other. This eventful month taught me that we need to support each one another to help lift others emotionally and physically.

I've learnt a lesson that I will keep with me forever, it was when I was in a group preparing for a presentation, but I noticed one of my classmates been left out, I went to talk to her and she said that nobody is listening to her, so I decided to tell the group to listen to her suggestions she had.

After she shared her thoughts, we were all amazed. We decided we would use her idea. After a while, we finished our presentation and got good marks. Then suddenly, it hit me like a wave, I became fully aware that supporting, standing up and communication is all part of teamwork, and teamwork helps in socialising and understanding each other. Always remember that teamwork makes the dream work!



Nour Ismail - C5E

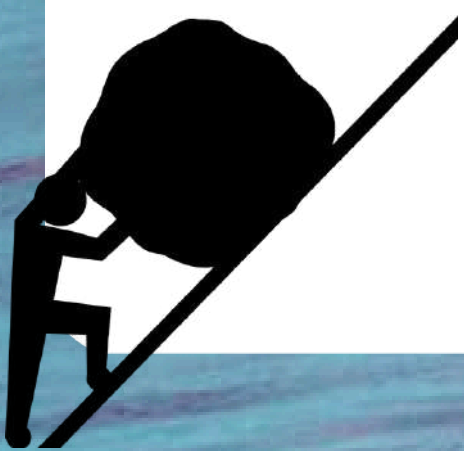


WHEN LIFE PUSHES YOU FORWARD

In life, opportunities come to us in one way or another, whether we ask for them or not. Sometimes, it feels random—like being invited to join a team you really love without doing anything to earn it. It makes me wonder: does life give us what we want, or does it present chances in ways we don't expect, at times we aren't ready for? I had one such experience that completely changed me. We had a test, and I was so overconfident that I didn't even study.

But when the results came, I did terribly. I was shocked. "How did I get this bad mark? I thought I was good at this subject!" It almost felt like life was sending me a warning. When I got home, I lay on my bed, thinking about what had happened. I prayed for a second chance, but it seemed impossible. Later, my friend came over, and we talked about it.

Both of us were unsure of what to do, but then my friend said something that stuck with me: "What if this is a wake-up call to take your studies more seriously?" After he left, I couldn't stop thinking about his words. I decided to follow his advice. From that day, I studied every day for at least an hour, took detailed notes in class,



and helped others whenever I could. Slowly but surely, my efforts started to pay off. Finally, it was time for the next test. I sat down, focused and prepared, and first said a quick prayer to help me remember what I had learned. The test was challenging, but I completed it with confidence. When I got my score, I had achieved 26/28!

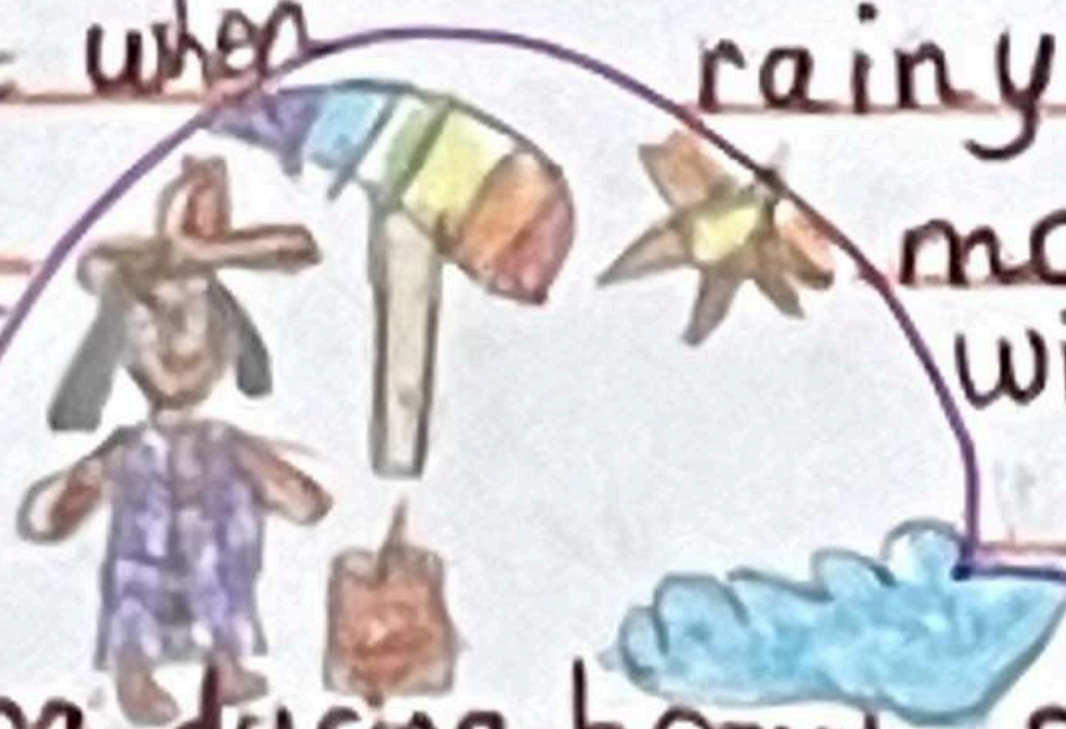
I was thrilled and proud, but I knew I had to thank my friend first for inspiring me to take action. This experience taught me that opportunities come in unexpected forms. Sometimes, a failure or a challenge is really an opportunity in disguise, pushing us to improve. I am grateful for this lesson. To anyone reading this: never be overconfident. Prepare for every chance life gives you, because every opportunity, no matter how small or surprising, can change your life.

Aniketh Prakash Rao-F1E



All About the Weather

Today the weather is partly sunny and quiet warm. The sun shone on one side of my classroom but the other side looked darker. I learnt that the weather can be hot and sunny, wet when rainy, airy and windy, and most of all loud thunder with flashes



of lightning during heavy storms.

It is amazing all these beautiful things were created by God not humans. My favourite weather pattern is when it is sunny because we can go to the beach in our comfortable swim suits, wear sunglasses to protect our eyes and apply some sunscreen on our skin. At the beach, you see big umbrellas at varied spots just for relaxation from the sun. I am happy and feel proud I can tell about the weather.



A trip to the Sikh temple

When I visited the Sikh temple I felt a mix of curiosity and respect. When I entered I noticed how peaceful the atmosphere was. Taking off my shoes and covering my head made me feel like I was part of something important, and reminded me to be respectful in a sacred place.

The temple was quiet, and that silence made me feel calm inside. It was so quiet that I could hear echoes around. This forced me to be silent and not make a sound.

Looking around, I felt curious about the meaning behind every thing I saw. The space was bright and welcoming. I thought about how to treat places of worship with care. Being there made me reflect on how people show respect in different ways. I realised that even small actions like walking barefoot or covering your head can make me humble.

During the trip, I also learnt the values of the Sikh faith, like kindness, equality and helping others. These ideas made me feel inspired, because they are things I need to do in my life too. I feel grateful that I had the chance to learn another religion.

Overall, the trip made me feel peaceful, thoughtful and thankful. It wasn't just about visiting a temple, it was about learning. I left the temple feeling more respectful, being helpful and being kind to everyone.

Kiyan valley C4E



Adjectives



Gigantic Dog



sparkling ball

I learned about Adjectives. They are words that describe things.

Adjectives make my sentences better. I can say "gigantic dog" or "sparkling ball". I use them when I talk, write stories, and share my feelings. Adjectives help me explain the world around me.

Shika Malike Djokoto. C1 Atifi

A New Religious Experience

On 21st April 2026, the Year 4's embarked on a trip to the Sikh temple and it was a very interesting and meaningful experience for me. Before the trip, I did not know a lot about Sikhism but now I understand some of their beliefs and practices. Sikhism teaches people to be kind, honest, and to treat everyone equally. I think this was very important because everyone needs to be treated the same.

I learnt that respect is very important in Sikhism. People show respect in different ways and they follow certain traditions that help them practice their beliefs. This made me realise that each religion has something special about it. Another thing I learnt is that helping others is a big part of Sikhism. It made me think about how I can be more helpful and kind in my own life.

Even small actions like sharing or being polite can make a difference. I think this is something everyone can follow no matter what religion they follow. This experience helped me understand more about a different religion. It showed me that learning about others can help us become more open-minded. I think it is important to keep learning about people who are different from us.

Overall, I am glad that I had this experience because it taught me valuable lessons about kindness, equality and respect. I will try to

remember these lessons in my everyday life and treat others the way I would like to be treated.

Jana Elikem Agbesi C4E

*The expert in anything
was once a beginner.*

-Helen Hayes

