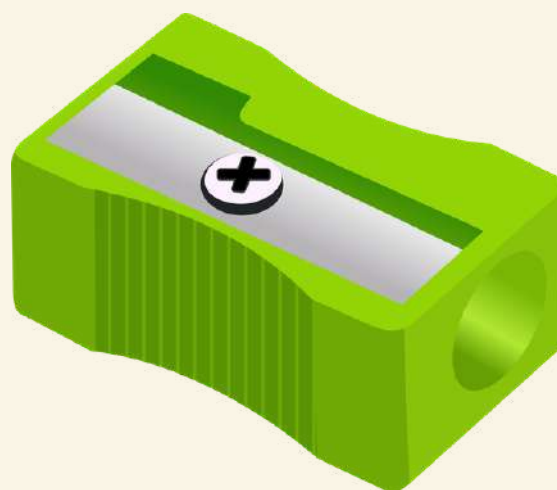




LEARNING... THROUGH THE EYES OF OUR LEARNERS

JUNE 2026



LEADERSHIP BY EXAMPLE

This month, a major source of inspiration for me has been our Senior School Head of Section, Mrs Josiane Chammas. She stands out not only because of her position, but because of the way she carries herself and the consistent, positive influence she has on the school community each day.

What inspires me most is the way she leads the section and the wider impact of her leadership on the school as a whole. She remains calm and composed even in high-pressure situations, which helps create a sense of stability for both students and staff. Challenges are addressed thoughtfully and fairly, and she takes time to understand situations before making decisions.

Her approach shows a strong sense of balance—firm when necessary, but always considerate and fair-minded. She genuinely cares about the well-being and progress of both students and teachers, and she actively encourages everyone to strive for their best while maintaining high standards. Mrs Chammas is also very approachable, which makes a significant difference in the school environment. Students and staff feel comfortable speaking to her because she listens attentively and responds with patience and understanding.

She treats people with respect regardless of their role, and this helps foster a culture of openness and trust. Even when difficult decisions have to be made, she communicates them clearly and respectfully, which helps maintain confidence in her leadership.

Beyond her day-to-day responsibilities, her leadership style is also evident in the way she supports growth and initiative within the school. She is open to ideas and encourages constructive feedback, which helps create an environment where people feel heard and valued. At the same time, she consistently leads by example through her work ethic, professionalism, and attention to detail, setting a clear standard for others to follow.

Overall, Mrs Chammas' ability to combine strength with empathy, structure with openness, and authority with kindness has made a lasting impression on me this month. She has shown that effective leadership is not only about making decisions, but also about building relationships, maintaining trust, and creating an environment where everyone can thrive.

Jonas Lamptey (L6A)

When I Surprised Myself

I have always loved art. Give me a pencil, some paint, or a blank sheet of paper, and I can happily spend hours creating something. However, I never imagined that my artwork would stand out among students from all twelve middle-school classes.

When I entered the art competition, my goal was simple: do my best and enjoy the experience. Winning was not really on my mind. In fact, after I handed in my artwork, I barely thought about it again. There were students from Class 5, Class 6, Form 1, and Form 2 taking part, and I knew there would be many talented artists. Compared to some of them, I felt quite ordinary. I was proud of my work, but I certainly was not expecting a prize.

The day the results were announced started like any other day, but it quickly became unforgettable. As the names of the winners were being called, I sat quietly, clapping for each student who walked forward. When second place was announced and it was not me, I smiled and thought, "Well, maybe next time". Then came the announcement for third place.

Suddenly, I heard my name.

For a few seconds, I genuinely thought I had imagined it. I looked around to see if anyone else had heard what I heard. My heart started beating faster, and I could feel a huge smile spreading across my face. When I walked up to receive my award, I felt like I was floating. Out of all twelve middle-school classes, my artwork had been recognised. It was one of those moments that makes you realise you are capable of more than you thought.

Another time I surprised myself, happened during a mathematics test. Most students would probably not describe a Maths test as exciting, but this one turned out to be memorable. As I worked through the paper, I came across a question about angles. The moment I looked at it, my mind went completely blank. I knew we had learned the method in class, but for some reason, I could not remember it.

Panic immediately began to creep in.

I stared at the question, hoping the answer would magically appear in my head. It did not.

For a moment, I considered skipping it and moving on. Then I decided to try something different. I carefully studied the diagram and thought about everything I already knew about angles.

Step by step, I pieced together my own method. It felt a bit like solving a puzzle without having all the pieces. When I finally wrote down my answer, I was not completely confident. If I am being honest, I was probably only about fifty percent sure it was correct. Still, I felt proud that I had at least tried instead of giving up.

A few days later, our teacher returned the tests. The first thing I did was flip through the pages looking for the angles question. When I found it, I could hardly believe what I saw.

Full marks.

I blinked.

Then I checked again.

Still full marks.

There were no mistakes. Somehow, my own method worked perfectly. At that moment, I felt a rush of pride. I had trusted my thinking, stayed calm under pressure, and solved the problem on my own. It felt like I had cracked a secret code.

Looking back, these experiences taught me something important about myself. Sometimes we underestimate what we can do because we focus too much on what we cannot do. In the Art competition, I learned that my work could achieve more than I expected.

In Mathematics, I discovered that problem-solving is not just about memorising methods; it is also about thinking creatively and trusting yourself.

Most importantly, I learned that challenges are not always obstacles. Sometimes they are opportunities in disguise. They push us to think differently, work harder, and discover strengths we did not know we had.

Now, whenever I face something difficult, I remember these two moments. They remind me that success can appear when I least expect it and that every challenge gives me a chance to learn something new about myself.

After all, you never know when you might surprise yourself.

Aadila Fusami (F1E).

If My Form 1 Self Could See Me Now...

Form 1 has been a rollercoaster. There has been good and bad, black and white, gold and dirt. Some parts of the journey made me laugh until my stomach hurt, some made me cry, and some made me feel like I could do anything. Looking back now, I realise that Form 1 was not just another school year; it was a year that helped me grow.

When I first entered Form 1 Atifi, I did not know exactly what to expect. Some of the topics were difficult, and there were times when I wondered if I would ever understand them. Somehow, with a lot of effort, support, and determination, I made my way through. Now, as the year comes to an end, I feel proud of how much I have learned.

One thing I will always remember about my class is how supportive people can be. We are all different, but we have shared the same classrooms, lessons, and memories. Along the way, there were teachers who made a huge difference in my journey. I would like to give a special mention to Ms. Sandra and Ms. Rosina. These are two teachers I will never forget. They always made me feel included in lessons and helped me when I needed it most. Sometimes teachers do not realise how much a few encouraging words can mean to a student, but their kindness made a big impact on me.

As Form 1 ends, I have started thinking about who I want to be in Form 2. I hope to do well in the Common Entrance 13+ examinations. Mathematics was probably my biggest challenge this year. There were tests I failed and topics I struggled to understand. At times, I felt frustrated, but I kept trying. Eventually, things started to make sense. That experience taught me that failing at something does not mean you cannot succeed; it just means you have to keep going.

If I could give advice to a new Form 1 student, I would tell them three things. First, value your friends because the right people can help you through almost anything. Second, know your worth and never let anyone make you feel less than you are. Third, make time to study. School is not always easy, but the effort you put in today will help you tomorrow.

Some of my happiest moments happened this year. Making the Honour Roll during Easter Term was one of them. Another was receiving an award in the Queen's Commonwealth Essay Competition. Those achievements made me feel proud because they showed me that hard work really does pay off. I felt like I was over the moon.

However, the funniest memories were not always the award-winning moments. Some of them happened in lessons with Ms. Rosina and Mr. Dodoo. No matter what kind of day it was, they always found a way to make us smile: whether it was a joke, a funny comment, or one of those moments where the whole class suddenly bursts into laughter, those memories are the ones I know I will still be talking about years from now.

When I think about Form 1, I do not just think about lessons, tests, or grades. I think about the memories, laughter, the challenges, friendships, and the people who helped me along the way. Form 1 has taught me more than what is written in textbooks. It has taught me about resilience, friendship, confidence, and growth.

As I close this chapter and prepare for Form 2, I am excited for what comes next. I know there will be new challenges, new opportunities, and new memories waiting to be made. Whatever happens, Form 1 will always be the year that helped shape the person I am becoming.

Astrid Adimazoya (F1A)

Michael Jackson: A Legacy of Strength, Creativity, and Inspiration

Who Has Been a Source of Inspiration to Me This Month and Why?

This month, the person who has inspired me the most is Michael Jackson. He was one of the most famous singers, dancers, and entertainers in the world. Even though he passed away many years ago, his music and achievements continue to inspire people of all ages. I admire him not only because of his incredible talent but also because of his determination, creativity, and ability to keep going despite challenges.

Michael Jackson began his career at a very young age as a member of The Jackson 5. Since childhood, he spent countless hours practicing and performing. His success did not come easily; it was the result of years of hard work, discipline, and dedication. This inspires me because it shows that achieving great things requires effort and commitment. Whenever I face a difficult task at school, I remember that success comes from not giving up.

Another reason Michael Jackson inspires me is his creativity. He transformed the music industry with his unique style, amazing performances, and innovative music videos.

He was always thinking of new ways to entertain people and express himself through music and dance. His famous Moonwalk dance move became known around the world and remains one of the most recognizable dance moves in history. His creativity encourages me to think outside the box and not be afraid to be different.

I am also inspired by Michael Jackson's kindness and generosity. Throughout his life, he supported many charities and donated millions of dollars to help children, hospitals, and people in need. He often used his fame to bring attention to important issues such as helping others, protecting the environment, and promoting peace. This reminds me that success is not only about personal achievements but also about making a positive difference in the lives of others.

One thing that stands out to me is that Michael Jackson was often misunderstood. Because he was so famous, many people constantly talked about his personal life, and rumors sometimes spread about him. As a result, some people judged him without fully understanding who he was as a person. Despite this, he continued to focus on his music and his goals.

This teaches me that people should not always believe everything they hear and that it is important to treat others fairly and with respect.

Michael Jackson also showed courage by continuing to perform and create music even when he faced criticism. He did not let negative opinions stop him from doing what he loved. This inspires me to stay confident in myself and to keep working toward my goals even when others doubt me.

In conclusion, Michael Jackson has been a source of inspiration to me this month because of his hard work, creativity, generosity, and determination. I also admire the way he remained strong even when he was misunderstood by many people. His life teaches valuable lessons about perseverance, kindness, and believing in yourself. For these reasons, Michael Jackson continues to inspire me and many others around the world.

Mona Asem(C6E)

The Matches We Lost And The Lessons We Won

Sports has always been one of my favourite ways to challenge myself. I enjoy the excitement of competition, the thrill of improving my skills, and most importantly, the feeling of being part of a team. One of the most memorable experiences I had this year was representing my school in the AKL tournament.

The tournament brought together several schools, including Brainy Bairn, Jack and Jill, and AKL Academy. As the competition approached, our team was full of excitement. We trained hard, encouraged one another, and imagined what it would feel like to win. Like most teams, we arrived believing that if we worked hard enough, we could achieve great things.

However, things did not go according to plan. Match after match, we found ourselves on the losing side. At first, we told ourselves that the next game would be different. Then another loss came, and another after that. With each defeat, the disappointment grew heavier. It was difficult watching other teams celebrate their victories while we walked off the court wondering what had gone wrong.

I will never forget the feeling of looking at my teammates after one of our losses. Some were quiet, some were frustrated, and some looked as though they wanted to give up completely. In those moments, it would have been easy for negativity to take over.

Instead, I tried to focus on something else. Although I was not the team captain, I wanted to be a source of encouragement. Before each game, I reminded my teammates to believe in themselves. During matches, I cheered them on, even when things were not going our way. After games, I tried to lift their spirits by reminding them that one result could not define who we were as players or as a team.

There were times when I felt disappointed too. I wanted to win just as much as everyone else. But I realised that leadership is not only about celebrating when things go well. Sometimes leadership means helping people stay positive when things are falling apart. It means being the person who keeps believing when others are struggling to do so.

As the tournament continued, I learned that teamwork is about much more than passing a ball or following a game plan. True teamwork shows itself when things become difficult.

It is easy to support one another when you are winning. The real test comes when you are losing. Despite our results, we never stopped encouraging each other. We continued to play hard, support one another, and show respect to our opponents. By the end of the tournament, I realised that our team had become stronger in ways that could not be measured on a scoreboard.

Looking back now, I still wish we had won more matches. No athlete enjoys losing. Yet, when I think about the tournament, I do not only remember the losses. I remember the determination, the teamwork, and the lessons we learned together.

The AKL tournament taught me about resilience. It taught me that leadership does not require a title and that sometimes the most important role a person can play is simply encouraging others. Most importantly, it taught me that success is not always measured by trophies, medals, or victories.

Sometimes success is measured by the courage to keep trying.

Michael Ackah (F1E)

About the Seasons



This term, I learnt about the four Seasons: Spring, Summer, Autumn and winter. Spring is when flowers grow. I also learnt that some trees lose their leaves in Autumn and grow new ones again in Spring. Learning about the Seasons helped me understand how the weather and Seasons change.

Name: Shika Nalike Djokoto

Class: 1 Atifi

Shika Nalike Djokoto (C1A)

MY SUCCESSFUL LITERACY JOURNEY IN YEAR 3

I always wanted to be a good reader and writer. At first, I struggled to read difficult words and write complete sentences. I often felt nervous when reading in front of the class.

My teacher encouraged me to practise every-day. I began reading simple storybooks at home and in school. I listened carefully during reading lessons and asked questions whenever I did not understand something.

As the weeks passed, I learnt many new words and improved my spelling. I practised writing short sentences and later began writing paragraphs. I also joined reading games and group discussions with my classmates.

Through consistent reading practice, I now understand stories better. I answer questions, predict what might happen next and explain lessons from stories. MY CONFIDENCE HAS POPPED UP!

I'm proud of my journey, and I can say it's through hardwork, practice, and support.

Everybody can do same if they are willing to IMPROVE!

IVANA OBENG C3A1F1

Ivana Obeng (C3A)

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My Journey through converting units of length
 Learning about converting units of length was an interesting experience for me because it changed the way I think about measurement in my everyday life. At first, I found it difficult to understand how different units of length were connected. I thought the topic would be unimportant but as I continued, I began to see its value. I learnt that understanding measurements requires patience, focus and practice. It also taught me that making mistakes is part of learning and that improvement comes when I take time to understand my errors instead of giving up.

This topic also helped me become more careful and attentive. I noticed that even small mistakes could affect an answer so I should always check my work when I'm done.

It has also taught me that topics that I learn in school could be used in my everyday life. I have learnt a lot from this topic and even though I faced a lot of challenges while studying this topic, it has still benefited me in many different ways. I wish to enjoy another topic as exciting as this!

Jana Elikem Agbesi
 Class 4 East

Jana Elikem Agbesi (C4E)

1m = 100cm

2m = 200

DIVING THROUGH OUR EARS

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Diving through our ears.

My Science lessons on sound have been very informative to me. I have learnt how sound is produced.

I learnt different parts of the ears and their functions. All of this came together as the process of how we hear. I also learnt that not all parts work all the time. It made me curious to research more and dive deeper into the topic. I am learning.

This topic helped me to learn more about our ears and other important organs. It also helped me to learn other things our body can do. I learnt more about what is on the inside of our bodies that we don't see. I also learnt about the importance of each organ in our ear and without them through this topic.

Overall, through this topic, I have learnt a lot and it helped me and made big impacts. I learnt a lot all because of one topic.

Amaris Aguadze C4E

Amaris Aguadze (C4E)

Name: Annelle Akohen-e
Class: One East

My Fun with Sentences and Nouns



When I come into class my teacher smiles and says, 'Today we are learning about Sentences and Nouns!' I feel curious because I want to know how words work together.

First we talk about sentences. My teacher tells me that a sentence is a group of words that make sense. She says every sentence tells something and begins with a capital letter. It also ends with a full stop. I try to say one: 'The cat runs.' My teacher nods and I feel proud because my words make sense. Next we learn about nouns. Nouns are names of people, places, animals and things. I look around the classroom and start to notice nouns everywhere. I see a book, a chair and my friend Cora. I even think of my pet dog at home. It feels like I am discovering secret names for everything around me. Then we put nouns into sentences. I say, 'The dog is big.' It feels like building with words, like using blocks to make something new. By the end of the lesson I understand that sentences help me share my thoughts and nouns help me name the world. I feel happy because now I can write my own sentences and tell my own stories.

Spending Money

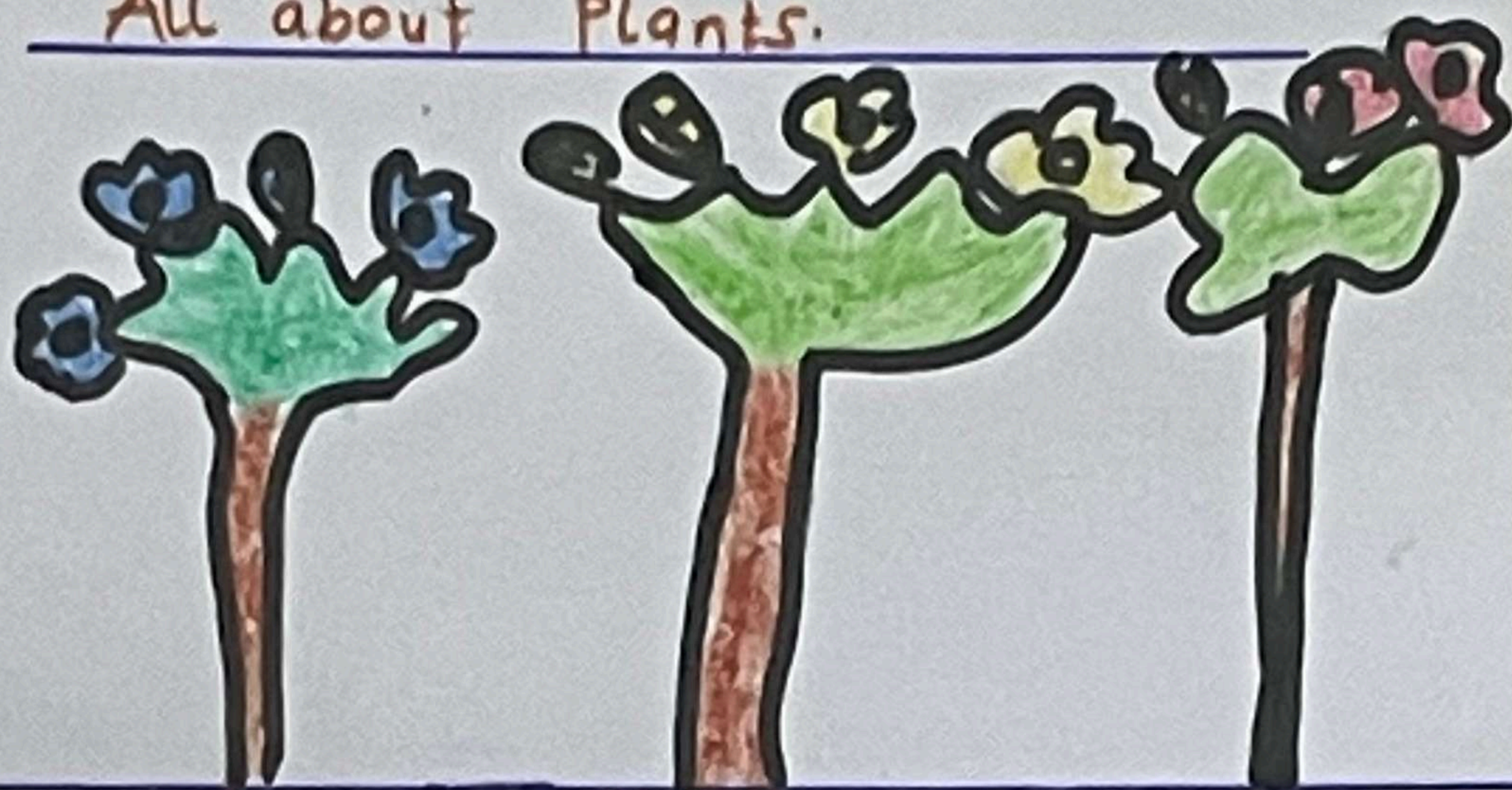
On a beautiful warm afternoon, during my Maths lesson I learned about Money and it is valuable. We can use it to buy and pay things and other stuff. Ghana cedi notes and pences are used to buy things in Ghana. Just like Ghana every country has its currency. I always have to decide carefully what I really need to buy. I have learnt that budgeting is important because prices are not all the same. Sometimes things are affordable and at other times they are expensive. I feel happy I can save money and spend wisely.



From : Francis
Adjabeng
C2 East

Francis Adjabeng (C2E)

All about Plants.



I have learnt that plants are living things that grow from seeds and need sunlight, water, air and soil to live. Before, I thought plants could grow anywhere and didn't need care, but now I know they need care and the right conditions. I also learnt the part of a plant and what they are. This has changed how I understand plants.

Cristina Djabatey Susu.

Name: Cristina Djabatey Class: 1 Atifi

Cristina Djabatey Susu (C1A)

My Visit to the Bank

Today, I learned about 'Money' in Maths. It helps us to buy things we need. We can keep

our money in the bank and sometimes people borrow money from the bank.

I once went to the bank with my uncle. I also learned that there are different notes and coins. Countries have different kinds of money and different

values. Every coin and note has a number written on it to show



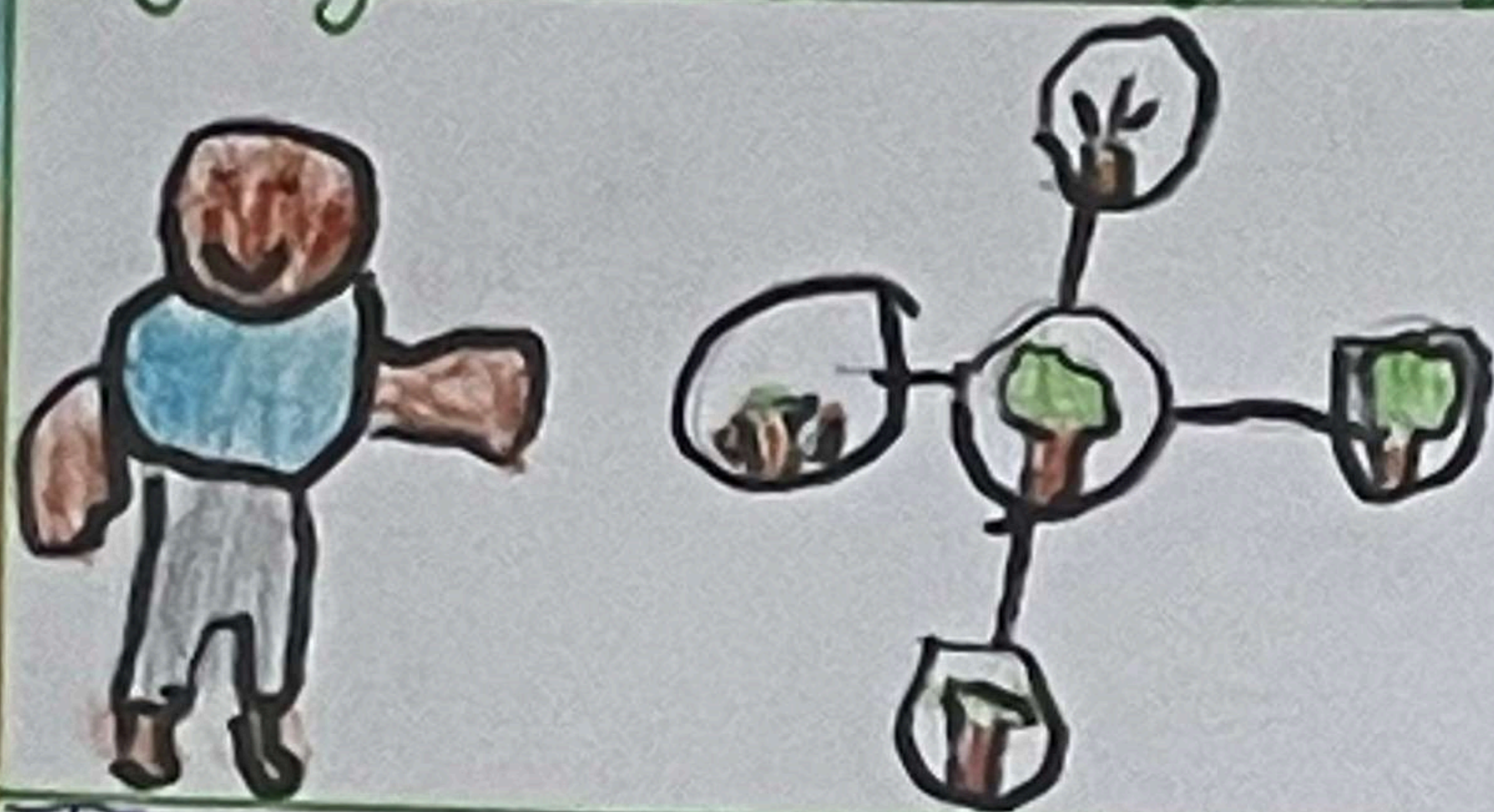
how much it is worth. We saw many people saving and taking out money. It made me excited to learn more about how money works in real life.

By: Divyanshi Samal - C1W

The magic Tree in my Backyard

By: Kyle Perbi.

Class: 1 Atifi.



There is a magic tree in my backyard. The tree changes in every season. In Winter, the leaves fall and the wind blows hard. In spring little green leaves and pretty flowers grow. In Summer, the tree gives cool shade on hot days. In Autumn, the leaves turn red, orange and yellow. Learning about the seasons has changed the way I see nature. Now I know that trees and plants change in different seasons, and every season is special. I love my magic tree very much.

Kyle Perbi (C1A)

Games Improve Literacy Skills

Games play an important role in helping me improve my literacy skills, including reading, spelling, and vocabulary development. These educational games makes my learning become enjoyable, active and meaningful. Word games such as spelling bees, crossword puzzles and word matching helps me remember new words more easily, recognise words, improve spelling and increase vocabulary. Reading games encourage me to read with confidence and understanding like story sequencing. Games help me arrange events in the correct order, whole role-play help me understand characters and meaning of stories. During group games, I'm able to communicate with peers, listen carefully to instructions and share ideas. Games improve my literacy skills through creative sentences building activities. Reduce fear or boredom in the classroom. It's fun and enjoyable to learn through Games.

Harshwardhan Sharma

Class 3 Atifi

Harshwardhan Sharma (C3A)

Critical Thinking Through Reading

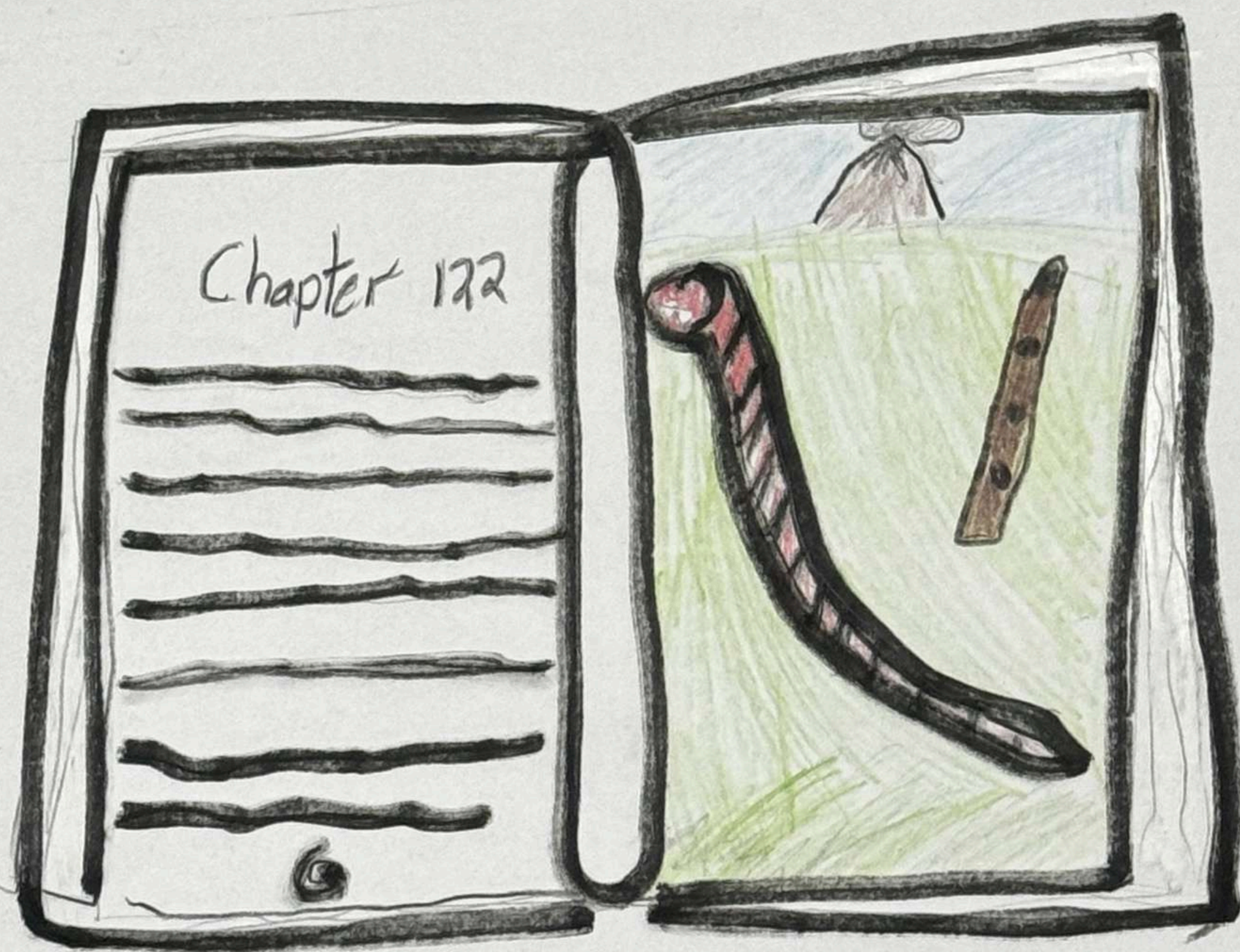
I enjoy reading Storybooks at School and at home. Reading has helped me become a Critical thinker.

When I read, I ask questions about the story. I think about why characters make certain choices. I also try to guess what may happen next. This helps me understand the story better.

Reading has taught me how to solve problems. In many stories, characters face challenges. I think of different ways they can solve those problems. Sometimes I compare their ideas with mine.

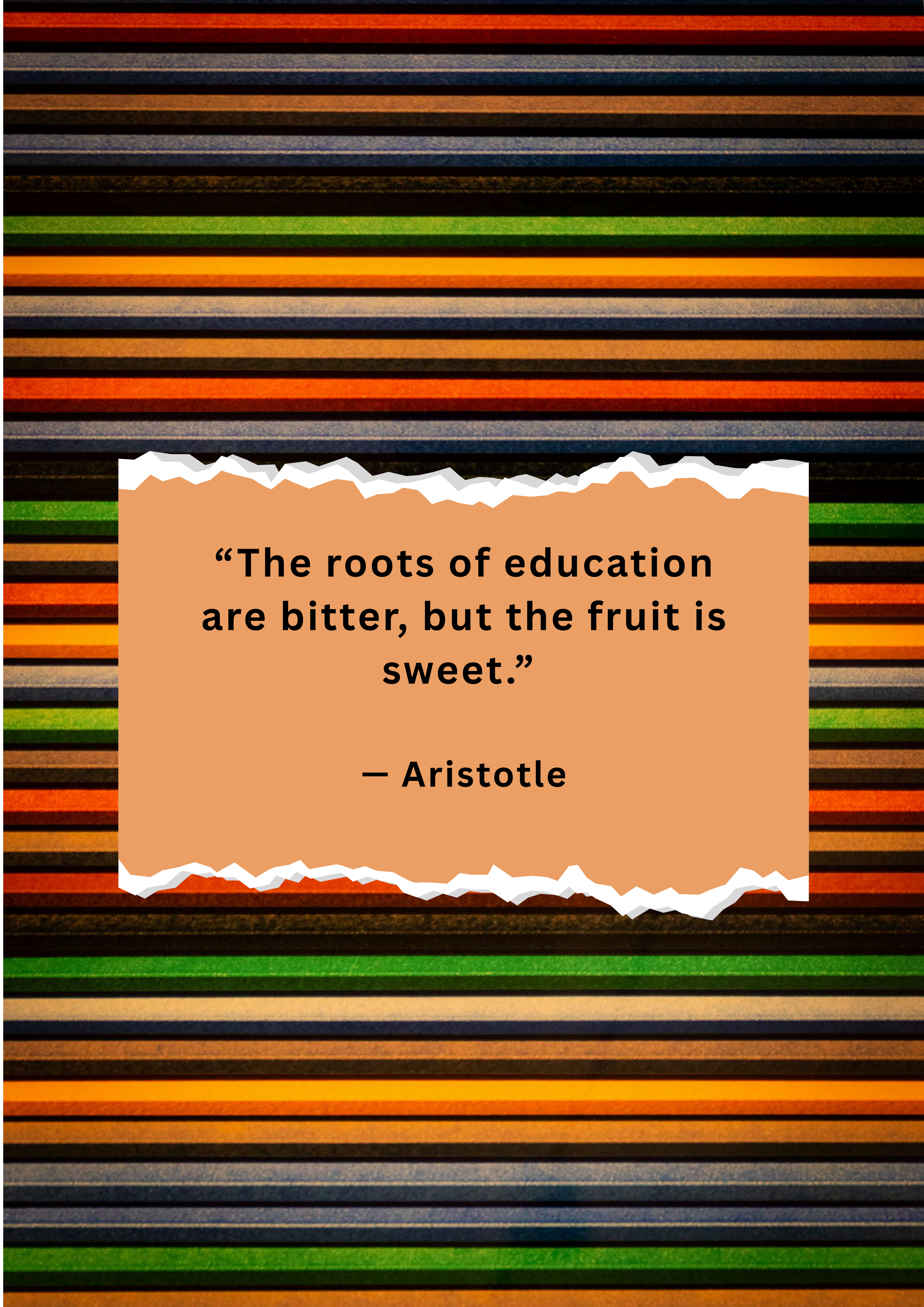
Reading helps me connect stories to real life, share my opinions, explain my answers and give reasons. This has made me more confident in speaking,

honest, kind, patient, hardworking. Now I don't just read, I think deeply about what I read.



Emefa Edjameh C3EAST

Emefa Edjameh (C3E)



**“The roots of education
are bitter, but the fruit is
sweet.”**

— Aristotle