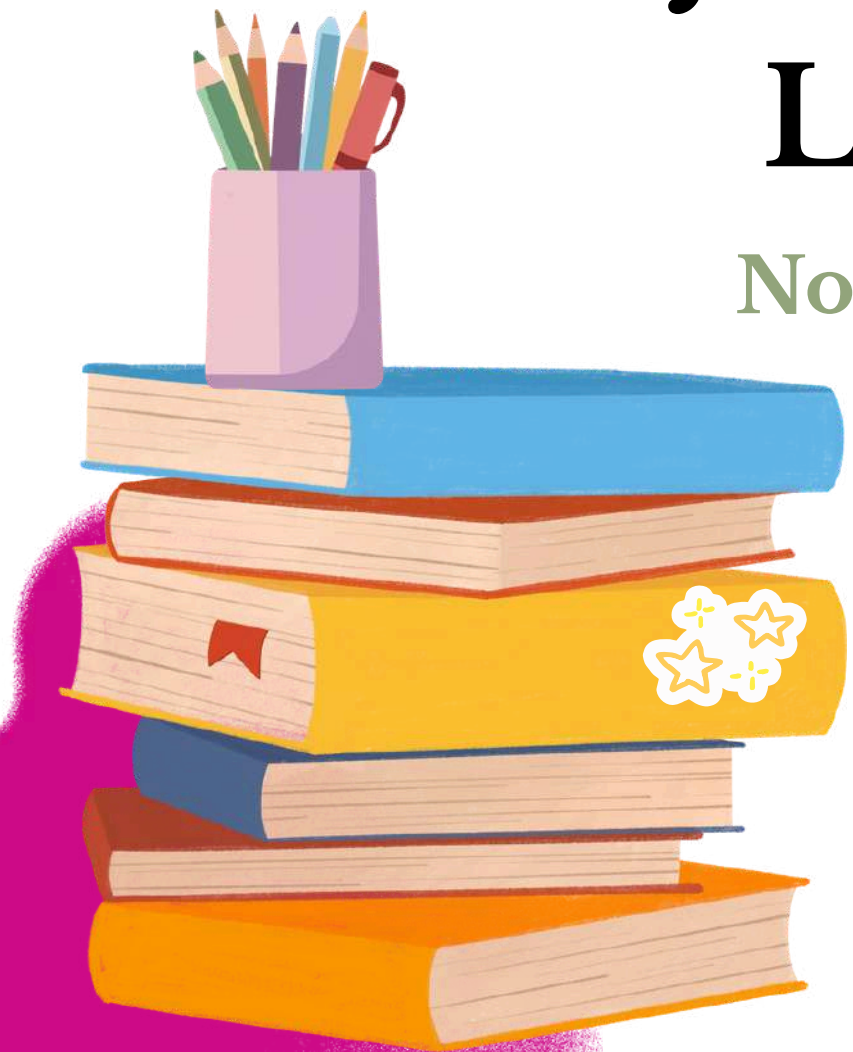
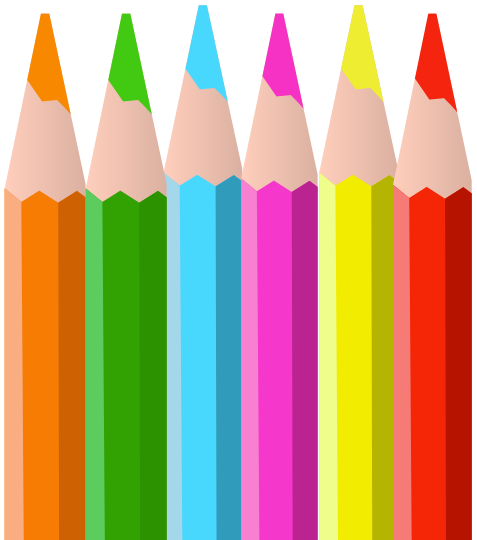


Learning Through the Eyes of Our Learners

November 2026 Edition





PREPARING TO CONQUER EVERY CHALLENGE

As my examinations get closer, I have realised that preparation is not something I can leave until the last minute. This month, I have been working hard to prepare for my upcoming exams, but I have also been thinking about the bigger goal ahead of me: doing my best in my IGCSE examinations. With so much expected of me both at school and at home, I know I have to be disciplined, focused and consistent if I want to achieve the results I am aiming for.

I have been spending more time revising my subjects, going over areas I find difficult and practising questions so that I can become more confident with the different topics. I am not only studying to remember information for an examination. I want to understand what I am learning so that I can apply it when I am faced with unfamiliar questions. This has made me realise that effective revision is not simply about studying for long hours. It is about studying with purpose and being honest about the areas where I need more practice.

Add Maths is one subject that I find more challenging, and I know I cannot expect it to become easy simply because I want it to. Instead, I am prepared to conquer it through hard work, perseverance and consistent practice. When I get a question wrong, I try to understand where I went wrong and practise again rather than allowing one difficult question to discourage me. I have learnt that sometimes the subjects we struggle with the most are the ones that teach us the most about persistence.

The same approach applies to my other subjects. I want to give each one the attention it deserves and make sure that I am not relying only on the subjects I find easier. My goal is to be prepared for every paper and to walk into each examination knowing that I have put in the necessary work. I know that wanting to ace every paper is a big goal, but I believe that having high expectations for myself gives me something to work towards.

At the same time, I am learning that preparation requires more than just academic effort. I have to manage my time properly, stay focused and remain consistent even when I am tired or would rather be doing something else. There are days when studying feels difficult, but I remind myself that every hour of focused revision is helping me move closer to my goals.

What I am most proud of this month is not simply the amount of work I have completed, but the mindset I am developing towards my exams. I am learning not to be intimidated by difficult subjects or challenging questions. Instead, I want to face them directly and keep working until I understand them.

I know there is still a lot to do, and I am not expecting the journey to be easy. But I am ready for the challenge. My aim is not only to sit my examinations, but to go into every paper knowing that I prepared as well as I could, gave it my best effort and refused to give up when things became difficult.

By: Papa Yaw Ofori-Owusu(F5W)

LEARNING THE MEANING OF PEACE, UNITY AND SERVICE

Participating in our UN Day and Remembrance Day activities this month helped me understand the importance of peace, unity, respect and service in a more meaningful way. These activities allowed me to appreciate the diversity of different cultures, countries and traditions, while also reminding me that, despite our differences, we all have a responsibility to treat one another with respect and work towards a more peaceful world.

During UN Day, I had the opportunity to learn more about different cultures and the importance of countries working together. Seeing people come together despite having different backgrounds, beliefs and opinions showed me that our differences do not have to divide us. We can still listen to one another, learn from each other and work towards common goals. It made me realise that unity does not mean that everyone has to be the same. Instead, it means respecting our differences while finding ways to work together.

I also learnt that peace is more than simply the absence of conflict. Peace involves understanding, tolerance and respect.

It means being willing to listen to people even when we do not agree with them and treating others fairly. This made me think about how these ideas can apply not only between countries, but also within our own school community. We can promote peace by respecting our classmates, including others, resolving disagreements calmly and creating an environment where everyone feels welcome.

Taking part in Remembrance Day activities, particularly helping to sell poppies, gave me another perspective on the importance of peace. It helped me understand why we remember those who sacrificed their lives during wars and why their sacrifices should not be forgotten. Selling the poppies also made the meaning of remembrance feel more personal because I was actively helping to raise awareness rather than simply hearing about it in a lesson.

The experience made me think about the devastating consequences of conflict and the importance of learning from history. Remembrance is not only about looking back at what happened in the past. It should also encourage us to think about how we can prevent similar suffering in the future. It reminded me that peace is something we should value and protect rather than something we should assume will always be there.

Both UN Day and Remembrance Day also helped me understand my role as a global citizen. Being a global citizen is not only about knowing what is happening in different parts of the world. It is also about recognising that our actions affect other people and that we can contribute positively to our communities. This can be through showing compassion, respecting others, supporting meaningful causes or simply being willing to stand for what is right.

These experiences taught me that peace and unity begin with the way we treat the people around us. I may not be able to change the world on my own, but I can choose to be respectful, understanding and willing to contribute to my community. UN Day reminded me of the strength that comes from our differences, while Remembrance Day reminded me of the cost of losing peace. Together, they showed me why both unity and peace are worth protecting.

By: Brian Afari(L6A)

REMEMBERING THE PAST, BUILDING A PEACEFUL FUTURE

Some lessons are not found only in textbooks or classrooms. This month at The Roman Ridge School, two experiences, our UN Day celebration and Remembrance Day activities, gave me the opportunity to think about issues that reach far beyond school. They helped me reflect on the importance of peace, unity, respect and service, and on what it really means to be a responsible global citizen.

During Remembrance Day, I had the opportunity to sell poppies and encourage members of our school community to purchase them. This experience was meaningful to me because I was not simply selling something. I was helping to raise awareness about the importance of remembering those who sacrificed their lives in wars. Speaking to people and encouraging them to support the cause taught me the importance of communication, confidence and taking initiative when working towards something meaningful.

It also made me reflect on how fortunate we are to experience peace and why we should never take it for granted.

Remembrance is not simply about looking back at the past or remembering the people who lost their lives. It is also about learning from history and understanding the importance of working towards a future where the same suffering can be avoided. Wearing and selling poppies therefore became more meaningful to me because I understood the message behind them.

Another significant experience was serving as the Master of Ceremonies (MC) for our UN Day celebration. This gave me the opportunity to learn more about the United Nations, its purpose and its role in promoting international cooperation, peace and development. Being the MC also meant that I had to understand the significance of the different presentations and activities so that I could introduce them meaningfully to the audience.

As I took part in the celebration, I was reminded of how different cultures, traditions and perspectives can come together. Our UN Day activities gave us an opportunity to celebrate diversity while also recognising the things that connect us. Being involved showed me that countries do not have to be the same to work together. Cooperation becomes possible when people are willing to listen, respect differences and find common ground.

Serving as MC also pushed me outside my comfort zone. Speaking in front of an audience required confidence, preparation and the ability to take responsibility. It was an opportunity not only to develop my public speaking skills but also to understand that leadership is often about making sure others have the opportunity to be heard and represented.

Looking back on both experiences, I have realised that promoting peace and unity does not always require extraordinary actions. It can begin with something as simple as educating others, showing respect, supporting a meaningful cause or being willing to serve your community. These experiences have reminded me that being a global citizen is not just about knowing what is happening in the world. It is also about understanding our connection to one another and recognising the part we can play in creating a more peaceful and understanding society.

Remembrance teaches us to learn from the past, while the spirit of UN Day reminds us to work together for the future. Both have shown me that even small actions can contribute to something much bigger than ourselves.

By: Kristodea Hammond(L6E)

FINDING CONNECTION THROUGH SERVICE

Sometimes, we feel most connected to a community when we step outside our usual routines and do something meaningful together. This month, one experience that made me feel more confident, connected and valued as a member of the school community was our community service visit to Dzorwulu A and B School.

The visit gave me the opportunity to interact with the children, help teach them how to read and share stories with them. What stood out to me most was their excitement and willingness to learn. Seeing how eager they were to participate made me realise that even what may seem like a small effort from my perspective can make a real difference in someone else's life.

Teaching the children to read also challenged me in ways I did not expect. I had to be patient, communicate clearly and find different ways to help them understand what I was teaching. It made me think about how much patience is involved in helping someone learn. Reading stories to them was equally enjoyable because I could see how interested and engaged they were.

Their questions, enthusiasm and smiles made the experience feel less like a task and more like an opportunity to connect with them.

The experience also helped me become more confident in my ability to communicate with others. Instead of simply speaking to people my own age, I had to adjust the way I explained things so that the children could follow along. I realised that confidence is not always about standing in front of a large audience or being the loudest person in a room. Sometimes, it is about being patient enough to meet someone where they are and having the confidence to keep trying until they understand.

I also felt more connected to my classmates and teachers because we worked together throughout the visit. We shared responsibilities, supported one another and worked towards the same goal of making the experience meaningful for the children. Being outside the usual classroom environment allowed me to see a different side of the people I spend time with at school. We were not simply classmates and teachers; we were a team working together to make a positive difference.

Most importantly, the visit made me feel valued because I knew that my time and effort were contributing to the children's education. It reminded me that being part of a school community is not only about what we learn in the classroom or what we achieve academically. It is also about how we use what we have to support others and contribute to the wider community.

Looking back, my visit to Dzorwulu A and B School has shown me that service can create connection in unexpected ways. I became more confident in myself, strengthened my relationships with the people around me and gained a deeper understanding of the value of giving my time to others. The experience reminded me that sometimes, the best way to feel that you belong is to help someone else feel supported, seen and valued.

By: Velma Okyere Darko(L6E)

A JOURNEY THROUGH GHANA'S HISTORY

Our excursion to the Kwame Nkrumah Memorial Park was an exciting and educational experience. I was delighted to visit such an important historical site in Ghana. Although I already knew that Dr Kwame Nkrumah was Ghana's first President, the visit gave me the opportunity to learn more about his life, family and remarkable achievements.

Upon our arrival, I noticed students from different schools who had also come to explore the historical site. Our tour guide began by explaining the difference between a mausoleum and a museum. He explained that a mausoleum is a building where a person's remains are laid to rest, while a museum is a place where historical objects and artefacts are displayed. I was particularly impressed by the beautiful mausoleum where Dr Nkrumah's remains were laid to rest, as well as the impressive statues around the park.

At the museum, I had the opportunity to see some of Dr Nkrumah's personal belongings, including his car, desk, bed and suitcase. We also viewed several photographs and historical documents that provided fascinating insights into his life.

I learnt that Ghana gained independence on 6th March 1957, making Dr Nkrumah our first Prime Minister. He later became President in 1960.

Our tour guide also shared interesting information about his family background. Dr Kwame Nkrumah was born on 21st September 1909 in Nkroful. His father, Kofi Ngonloma, was a goldsmith, while his mother, Elizabeth Nyanibah, was a trader. In 1958, he married an Egyptian woman named Fathia, and they had four children: Francis, Gamal, Samia and Sekou Nkrumah. We also learnt about the circumstances surrounding his death. He was overthrown in a military coup on 24th February 1966 while he was outside Ghana on a diplomatic mission. He later lived in Guinea and died on 27th April 1972 in Bucharest, Romania, while receiving medical treatment.

Another fascinating lesson I learnt was that Dr Nkrumah strongly believed in African unity. He wanted African countries to work together, support one another and promote the development of the continent. One of his major achievements was the construction of the Akosombo Dam, which contributed significantly to Ghana's development.

My favourite part of the excursion was exploring the museum and seeing the historical items with my own eyes. It was lovely to see objects I had previously only learnt about in class. I also enjoyed walking around the park, admiring its beautiful surroundings and spending time with my friends.

In conclusion, the excursion was both enjoyable and educational. It deepened my understanding of Ghana's history and helped me appreciate Dr Nkrumah's significant role in our country's independence and development. Most importantly, I learnt that we all have a responsibility to contribute positively to the progress of our nation. I thoroughly enjoyed the visit, and it is an experience I will always remember.

By: Michelle-Carmen Dordor(F1E)

FINDING A HOME AT THE ROMAN RIDGE SCHOOL

My journey at The Roman Ridge School so far has been a truly special experience. When I first joined the school, I never imagined how much I would come to enjoy being here. Today, I can say that I am grateful not only for the opportunity to learn in a new environment but also for the wonderful people who have made me feel welcome and at home.

Before joining TRRS, I had spent my entire school life at my previous school. It was the only school I had ever known, and I was familiar with almost everything about it. I knew my surroundings, my teachers and the people I saw every day. So, when the time came to leave that familiar environment and start afresh at The Roman Ridge School, I had mixed feelings. I was excited about the change, but deep down, I was also nervous. I wondered whether I would make new friends, whether people would accept me and whether I would ever feel as comfortable as I had felt at my previous school. Starting over can be difficult, especially when you are leaving behind everything you have grown accustomed to.

Thankfully, my fears have slowly faded. I have met some wonderful people who have made my transition much easier than I expected. My new friends have become a very special part of my experience.



They make ordinary school days more interesting with their jokes, conversations and playful moments. Even on days when I may not feel particularly cheerful, spending time with them can make everything better. What I appreciate most is how warmly they have welcomed me and made room for me in their lives. It is a lovely feeling to walk into school and know that there are people who are happy to see you. Although we may not have known each other for very long, I am beginning to feel that I have found another little family here.

My teachers have also played an important role in helping me settle in. They have introduced me to new ways of learning and encouraged me to become more familiar with my subjects. I have particularly enjoyed Geography, especially the map work. It can be challenging at times because I have to study maps carefully, identify features and interpret information, but I find it interesting to learn how to understand the world around me in a different way. I have also enjoyed TPR, where I get to write about events and stories from the Bible. I find it fascinating to learn about the different people and events in the Bible and reflect on the lessons they teach us. French has been another interesting experience. I recently completed my French oral examinations, and, to be honest, I wasn't too sure if I fared well. I hope I impressed my teacher and make good grades. However, I am not discouraged. I seem to be enjoying the subject more as I learn new words and phrases, and I hope that with more practice, I will become more confident.

As I write this reflection, we are currently in our examination week, and I am experiencing my first examinations at The Roman Ridge School. I must admit that it feels a little different from what I was used to. There is a mixture of excitement, nervousness and curiosity as I prepare for each paper. Sometimes, I feel confident about what I have studied, while at other times, I wonder whether I have remembered everything I need to know.

Although the examinations can be a little overwhelming, I am trying to take each paper as it comes and do my best. I know that I am still adjusting to a new academic environment, and I may not get everything right immediately. However, I believe that these experiences will help me become a better and more confident student. I am learning that it is perfectly alright to find some things difficult at first, as long as I remain willing to learn and improve.

When I think about my journey so far, I realise that joining TRRS has taught me something important about new beginnings. Sometimes, the things we are most nervous about turn out to be some of the best experiences in our lives.

I am especially grateful to the friends and my Form Tutor who have welcomed me, laughed with me and made me feel included. They have helped turn an unfamiliar environment into a place where I look forward to spending my days. I may have left one school and the memories I made there, but I am now creating new memories and building new friendships that I will always treasure.

By: Dante Owusu-Fianko(F2E)

MY VISIT TO THE KWAME NKRUMAH MEMORIAL PARK

The Kwame Nkrumah Memorial Park was built in honour of Dr Kwame Nkrumah, Ghana's first President, and was inaugurated in July 1992. On 14th September 2026, my school organised an educational trip to the park. Our journey began at 9:35 a.m., when we left school for the memorial park.

We ate our snacks in the car during the journey. After a 30-minute drive, we arrived at the park. It had restaurants, a presidential library and even a fun park. However, we had come to explore five main attractions: the Declaration Ground, the Mausoleum, the Amphitheatre, the Museum and the Freedom Wall.

First, our tour guide showed us the Declaration Ground from a distance. He explained that this was the spot where Kwame Nkrumah delivered his famous independence speech. Next, we visited the Mausoleum, which was designed to resemble a tree cut short, symbolising Kwame Nkrumah's unfinished vision for Ghana. He and his wife, Fathia Nkrumah, are buried there.

From there, we visited the Amphitheatre, where we saw his piano, his Oware, a traditional board game, and his stool. We also saw photographs of him with presidents, prime ministers and other important people. Some of his speeches were also displayed on the walls.

We went on to visit the Museum, which had four sections: Work, Family, Legacy and Achievements. There, we saw his couch, his mirrors and even his first grave. Finally, we went to the Freedom Wall, where we learnt that the Black Star was inspired by Marcus Garvey, a Jamaican Pan-Africanist leader.

In conclusion, my trip was extremely exciting and interesting. My favourite part was visiting the Museum because we got to see objects from Dr Nkrumah's daily life. It was an incredibly enjoyable trip, and I would recommend it to others.

By: Michael Osei(F1W)

HOW KINDNESS CAN CHANGE THE WORLD

This term has been full of surprises and opportunities for me. One of those opportunities was discovering how kindness, even in the smallest ways, can make a difference in someone's life and, ultimately, change the world.

It all started when I helped a fellow student and made him smile.

On Wednesday, 4th November 2026, it was time to go home. I was in a hurry to get home and catch up on some much-needed sleep. As I was making my way home, I noticed a student on the floor, trying to pick up all the books that had fallen from his hands. At the time, I was with my friends. They saw him too, but simply walked past.

I couldn't just watch him struggle to pick up his belongings and walk away. So, as though I had received a sudden boost of kindness-induced epinephrine (adrenaline), I stopped whatever I was doing and went over to help him. He had about eleven books scattered across the ground, and I couldn't believe that people had seen him struggling and simply walked past without offering a helping hand.

After helping him, I felt genuinely happy and proud of myself. Just like a video I watched with my class during PSHE taught us, showing kindness can stimulate the release of serotonin and dopamine. These two natural chemicals contribute to feelings of happiness and well-being.

He then said, "Thank you for helping me." Before I approached him, he had been frowning, but after receiving that small act of kindness, he began to smile again. Seeing that change in his expression made me realise that something so simple could brighten someone's day.

This experience really shows why we should all strive to be kind and remember to be the reason someone smiles. We may never know how much a small act of kindness means to another person, but that does not make it any less valuable. Sometimes, all it takes is one person choosing to care.

And also remember:
"A good friend is one that supports you at your highest and helps you at your lowest."~ Ato Dear Aseda Dsane, 2026

By: Deion Wadie(C6W)

Discover the magic of doing words



Science Practicals KS1 Animals and

Today, I had fun learning about verbs! I discovered that verbs are action words. They tell us what people, animals and things do. My teacher explained that when I run, jump, clap, dance, sing or eat, I am using verbs. I enjoyed acting out different verbs with my friends. We jumped like frogs, clapped our hands, danced to music and pretended to fly like birds. I also learnt that we use verbs when we make sentences.

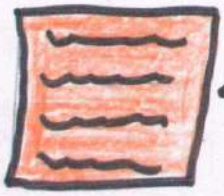
Name: Evanna Anatovi-Kelvin

By: Evanna Anatovi-Kelvin (C1E)

History Detectives

One sunny afternoon, we had Social Studies. This is one of my favourite subjects. I learnt about primary sources and that it gives us information directly from a person like letters and diaries. Secondary sources also talked about information and events. Examples are textbooks and websites. It helped me to understand that information can come from different places and that they are not the same. It also encouraged me to ask questions and find facts when working on my school projects.

Primary Sources



Letter



diaries

Secondary Sources



website



Textbook

Naa Ameley Dagadu
Class 2 East

By: Naa Ameley Dagadu(C2E)

By: Naa Dodua Dodoo - C1W

Old Homes and New Homes

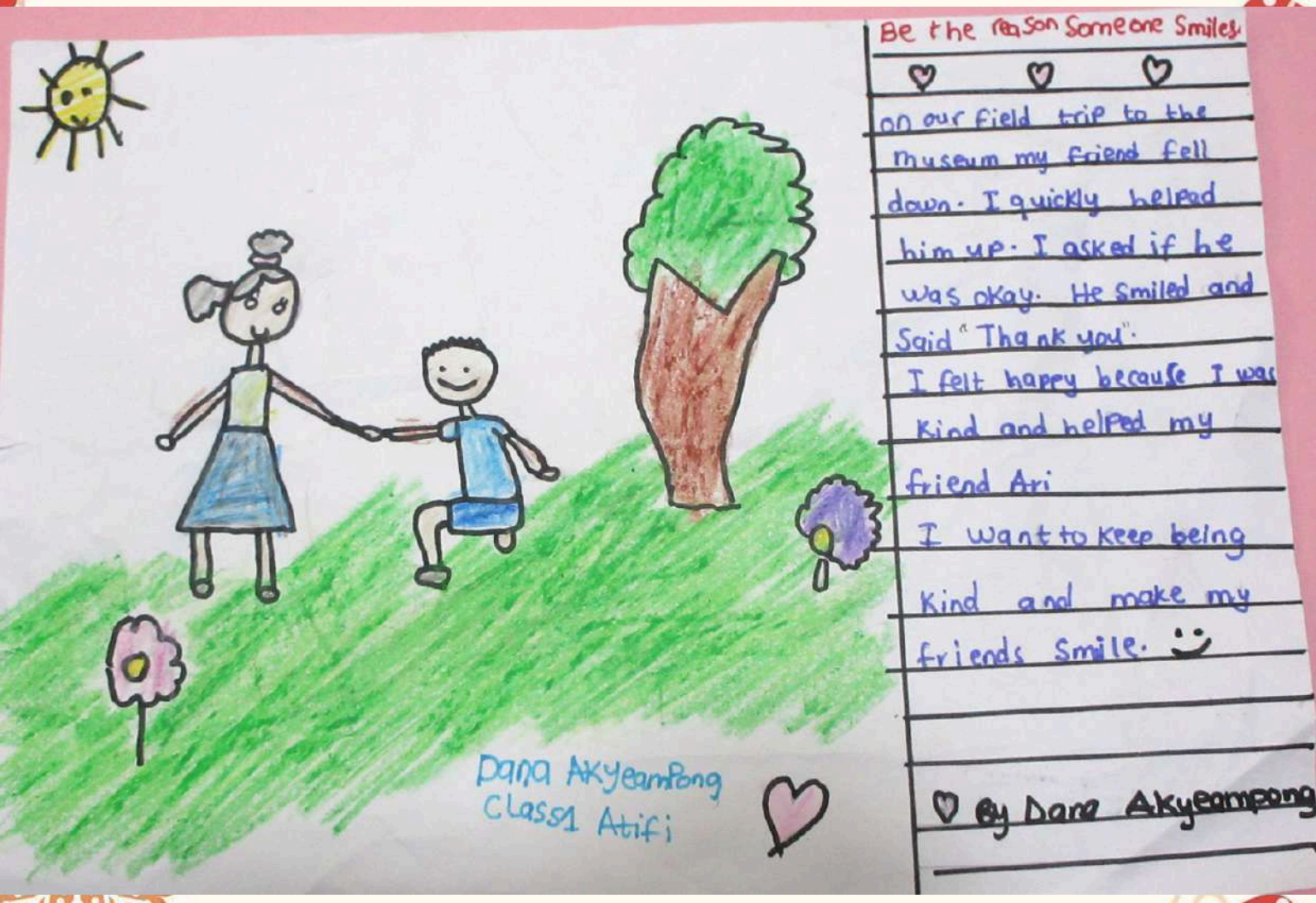
I went to the museum and I learnt about old and modern homes and how people live today.

Old homes in the past were made of mud, wood and straw. They were simple and kept people cool. New homes are made of strong blocks, glass and metal roofs. They have lights and big rooms. I was happy because I had learnt alot about Ghana's history, culture and homes.

Even though old homes and new homes look different, they both keep families safe and happy.



By: Naa Dodua Dodoo(C1W)



By: Dana Akyeampong(C1A)

The Amazing World Of Even And Odd Number

Numbers are super helpful, We use them everyday to count, describe and compare how many toys, snacks or friends we have Did you know numbers can be sorted into special teams? Meet even and odd numbers. Even numbers can be paired like our earrings shoes or socks with no left overs. Odd numbers are different. There is always one left over when paired. You can't pair 9 pencils This teaches me that Maths is not just about numbers in books but it is practical and we apply it in our everyday lives.

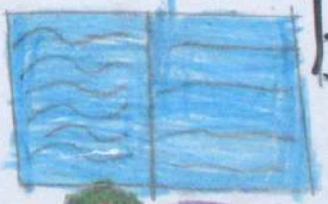
Even Numbers



earrings

Shoes

odd Numbers



Books



bottles

Annelle Akohene class

By: Annelle Akohene(C2E)

DIGESTIVE SYSTEM

Learning through the eyes of our learners.
THE DIGESTIVE SYSTEM.

Have you wondered what happens to the food you eat after you swallow it? I have!
Learning about the digestive system in Science has been one of the most interesting topics for me. I discovered that our bodies have amazing organs that work together to break down food to provide energy.

My favourite part was learning about the journey of food through the digestive system. I was surprised to discover that digestion begins in the mouth, where our teeth chew food and saliva helps break it down. I also learnt that the stomach uses digestive juices to break food into smaller pieces. Isn't that amazing?

This topic has taught me that taking care of my digestive system is important. I now understand why I should eat a balanced diet, drink plenty water eat fruits and vegetables and avoid eating too much sugary foods.

I find science fun and interesting especially when my teacher tells a joke about the human body. Sometimes, I even go home and share new science facts with my family. I cannot wait to discover what we will learn next!

Maame Efua Owusu-Ankomah C4E









By: Maame Efua Owusu-Ankomah(C4E)


20
02
PURSUING
ACADEMIC
EXCELLENCE